

2022 – 2023 Full Season Classes

Students who participate in full season classes will participate in the Annual Recital!

KINDERDANCE – for children, ages 2 ½ to 4 years

An introductory dance program for children, which incorporates **ballet**, **creative movement**, and basic **tap** concepts. The purpose of this class is to introduce the child to the joy of movement, while developing the child's mind, increasing body awareness, and sharpening motor skills.

This class meets for 45 minutes/once a week

Available Class Times: (you would select only one class time – we do limit the size of our classes, so register early if you have a class preference)

Mondays 12:15p.m. - 1:00p.m. Instructor: Jennifer Loterzo Thursdays 5:45p.m. - 6:30 p.m. Instructor: Sara Herlong Saturdays 9:15 a.m. - 10:00 a.m. Instructor: Danielle Butler

TINY TUMBLERS – For children, ages 4-6 years

Acro dance is a style of dance that combines classical **dance** technique with precision **acrobatic** elements. Your child will be learning tumbling skills that will enhance their dance technique. Premiere Dance Academy is an Acrobatic Arts Certified Studio – this means that Premiere follows the Acrobatic Arts syllabus which focuses on the 5 core areas of flexibility, strength, balancing, limbering, and tumbling – and the skills are all safely taught in the correct progressions! The teacher is also trained in safety, spotting techniques, and teaching techniques – so that your child has fun while progressing safely with solid technique!

This class meets for 45 minutes/once a week

<u>Available Class Times</u>: (you would select only one class time – we do limit the size of our classes, so register early if you have a class preference)

Mondays 2:15 p.m. - 3:00 p.m. Instructor: Jennifer Loterzo Saturdays 10:15a.m. -11:00 a.m. Instructor: Danielle Butler

BALLET AND TAP – For children, ages 4-6 years

This is an introductory combination class of ballet and tap. This class incorporates the introduction of dance vocabulary and movement, creative movement activities, and a lot of fun! This class meets for 1 hour/once a week

Available Class Times: Mondays 1:00 p.m. – 2:00 p.m. Instructor: Jennifer Loterzo

DANCE 1 – for children, ages 5 to 6 years

This is an introductory combination class of **ballet** and **tap**. This class incorporates the introduction of dance vocabulary and movement, creative movement activities, and a lot of fun!

This class meets for 1 hour/once a week

Available Class Times: (you would select only one class time – we do limit the size of our classes, so register early if you have a class preference)

Thursdays 6:30 p.m. – 7:30 p.m. Instructor: Sara Herlong Saturdays 9:00 a.m. – 10:00 a.m. Instructor: Jennifer Loterzo

<u>Acrobatic Arts Certified Studio</u> – ages 7 and up - please note that students will be placed in classes based on skill ability, not age
Acro dance is a style of dance that combines classical **dance** technique with precision **acrobatic** elements. Your child will be learning tumbling skills that will take their dancing to the next level. Premiere Dance Academy is an Acrobatic Arts Certified Studio – this means that Premiere follows the Acrobatic Arts syllabus which focuses on the 5 core areas of flexibility, strength, balancing, limbering, and tumbling – and the skills are all safely taught in the correct progressions! The teacher is also Acrobatic Arts Certified in safety, spotting techniques, and teaching techniques – so that your child has fun while progressing safely with solid technique!

Saturdays 10:00 a.m. -11:00 a.m. Instructor: Jennifer Loterzo

DANCE 2 – for children, ages 7 to 9 years

Students continue their study of **ballet** and **tap** techniques at a secondary level while beginning a study of **jazz** technique and concepts. In this class, beginning barre exercises, elementary center floor combination, and across-the-floor locomotors segments are introduced.

Thursdays 5:00 p.m. - 6:30 p.m. Instructor: Jennifer Loterzo

HOMESCHOOL CLASS: LYRICAL AND ACRO – for children, ages 7 to 10 years

This combination class will explore two styles of dance, Lyrical and Acro. Lyrical dance is a style of dance that blends elements of ballet and jazz dance. This style of dance is performed to music with lyrics so that it inspires expression of emotion. This class will focus on teaching a solid technical foundation, grace, and fluidity.

Acro dance is a style of dance that combines classical dance technique with precision acrobatic elements. Your child will be learning tumbling skills that will take their dancing to the next level. Premiere Dance Academy is an Acrobatic Arts Certified Studio – this means that Premiere follows the Acrobatic Arts syllabus which focuses on the 5 core areas of flexibility, strength, balancing, limbering, and tumbling – and the skills are all safely taught in the correct progressions! The teacher is also Acrobatic Arts Certified in safety, spotting techniques, and teaching techniques – so that your child has fun while progressing safely with solid technique!

Wednesdays 4:00 p.m. - 5:00 p.m. Instructor: Jennifer Loterzo

<u>BEGINNING - INTERMEDIATE ACRO</u> - ages 7 and up - please note that students will be placed in classes based on skill ability, not age

Acro dance is a style of dance that combines classical **dance** technique with precision **acrobatic** elements. Your child will be learning tumbling skills that will take their dancing to the next level. Premiere Dance Academy is an Acrobatic Arts Certified Studio – this means that Premiere follows the Acrobatic Arts syllabus which focuses on the 5 core areas of flexibility, strength, balancing, limbering, and tumbling – and the skills are all safely taught in the correct progressions! **The teacher is also Acrobatic Arts Certified in safety, spotting techniques, and teaching techniques – so that your child has fun while progressing safely with solid technique!**

Wednesdays 6:15 p.m. -7:15 p.m. Instructor: Jennifer Loterzo

BEGINNING- INTERMEDIATE LYRICAL – for children, ages 9-11 years

Lyrical dance is a style of dance that blends elements of ballet and jazz dance. This style of dance is performed to music with lyrics so that it inspires expression of emotion. This class will focus on teaching a solid technical foundation, grace, and fluidity.

Wednesdays 5:15 p.m. - 6:15 p.m. Instructor: Sara Herlong

INTERMEDIATE LEVEL CLASSES - for children, ages 10 to 11 years

This is an up-tempo program, in which students will study proper body alignment and focus on building a balance of strength and flexibility. A strong focus on proper technique will be built through learning barre exercises, center floor combinations, and across-the-floor locomotors segments. These classes are faster paced and the students need to reflect a thorough understanding of beginning techniques.

JazzFridays5:30 p.m. – 6:30 p.m.Instructor: Jennifer LoterzoTapFridays6:30 p.m. – 7:30 p.m.Instructor: Jennifer LoterzoBalletFridays7:30 p.m. – 8:30 p.m.Instructor: Jennifer Loterzo

<u>INTERMEDIATE ACRO</u> – placement by permission of instructor – please note that students will be placed in Acro classes based on skill ability, not age

Acro dance is a style of dance that combines classical **dance** technique with precision **acrobatic** elements. Your child will be learning tumbling skills that will take their dancing to the next level. Premiere Dance Academy is an Acrobatic Arts Certified Studio – this means that Premiere follows the Acrobatic Arts syllabus which focuses on the 5 core areas of flexibility, strength, balancing, limbering, and tumbling – and the skills are all safely taught in the correct progressions! **The teacher is also Acrobatic Arts Certified in safety, spotting techniques, and teaching techniques** – **so that your child has fun while progressing safely with solid technique!**

Saturdays 12:30 p.m. - 2:00 p.m. Instructor: Jennifer Loterzo

HIGH INTERMEDIATE BALLET - placement by permission of instructor

A pre-pointe/pointe class that offers a disciplined and traditional study of classical ballet through barre, center, and across-the-floor work. This class teaches correct body alignment and anatomy (as pertains to dance), solid technique, and ballet history. *This class meets twice a week*

Mondays 6:15 p.m. – 7:45 p.m. **AND**

Tuesdays 5:00 p.m. - 6:30 p. m. Instructor: Jennifer Loterzo (for both days)

HGH INTERMEDIATE JAZZ - placement by permission of instructor

A disciplined and energetic continuation of classical jazz, hip-hop, and funk for the serious dancer who is willing to work hard. This class incorporates combinations that emphasize style and contain advanced technique. A variety of different styles of jazz will be explored.

Mondays 7:45 p.m. – 8:45 p.m. Instructor: Jennifer Loterzo

HIGH INT - ADVANCED TAP - placement by permission of instructor

This class is for the student that demonstrates a thorough understanding of the tap concepts. Advanced tap incorporates combinations that utilize rhythmic variations and contains advanced technique. A variety of different styles of tap will be explored

Tuesdays 6:30 p.m. – 7:30 p.m. Instructor: Jennifer Loterzo

<u>HIGH INT- ADVANCED LYRICAL</u>—placement by permission of instructor — you must be enrolled in a ballet class to be considered for placement in this class

Lyrical dance is a style of dance that blends elements of ballet and jazz dance. This style of dance is performed to music with lyrics so that it inspires expression of emotion.

Mondays 5:00 p.m. – 6:15 p.m. Instructor: Jennifer Loterzo

ADVANCED BALLET – placement by permission of instructor

An intense and disciplined ballet class, which combines advanced barre, center, and across-the-floor training on pointe. Leads students to pre-professional work. Strict attention is focused on alignment, technique, and style.

This class meets twice a week

Tuesdays 7:30 p.m. – 9:00 p.m. **AND** Instructor: Jennifer Loterzo Wednesdays 7:15 p.m. – 8:45 p.m. Instructor: Sara Herlong

ADVANCED JAZZ— placement by permission of instructor

A very intense and fast paced program for the serious dancer who is willing to work hard. This class incorporates combinations that emphasize style and contain advanced technique. A variety of different styles of jazz will be explored.

Wednesdays 6:15 p.m. – 7:15 p.m. Instructor: Sara Herlong

<u>ADVANCED ACRO</u> – placement by permission of instructor – please note that students will be placed in Acro classes based on skill ability, not age

Acro dance is a style of dance that combines classical dance technique with precision acrobatic elements. Your child will be learning tumbling skills that will take their dancing to the next level. Premiere Dance Academy is an Acrobatic Arts Certified Studio – this means that Premiere follows the Acrobatic Arts syllabus which focuses on the 5 core areas of flexibility, strength, balancing, limbering, and tumbling – and the skills are all safely taught in the correct progressions! The teacher is also Acrobatic Arts Certified in safety, spotting techniques, and teaching techniques – so that your child has fun while progressing safely with solid technique! This class will meet twice a week.

Wednesdays 5:00 p.m. - 6:15 p.m. **AND**

Saturday 11:00 a.m. – 12:30 p.m. Instructor: Jennifer Loterzo (for both days)

<u>COMPETITION DANCE COMPANY -</u> placement by invitation of director

This travel competition group is for students that are ages 8 to 17. While being a part of this group is an excellent experience for young dancers (and a lot of fun), being a part of this group is a big commitment of time and finances. - This commitment is not to be taken lightly. See Jennifer Loterzo for more information. Please note, this group begins rehearsing in August.

Thursdays 6:30-9:00pm AND Saturdays 2:15 p.m. - 6:00 p.m.

Premiere's 2022 – 2023 9 Weeks Session Classes

There will be an option to perform in Annual Recital in May, for those who take the 3rd session!

However, the price of costume is not included in tuition

ADULT HIP HOP (9 weeks sessions):

You've been requesting it, so here it is!! A 4 week Adult Hip Hop Class! Let's show our kids that they are not the only ones who can dance! *Adults don't have to wear leotards and tights to class – just wear something you can easily move around in and wear your tennis shoes! Ms. J. can't wait to see you in class!

Wednesdays 7:15pm - 8:00pm

Session #1: Sept 14, 21, 28, Oct 5, 12, 19, 26, Nov 2, 9

*NO Class on Nov 16 or 23

Session #2: Nov 30, Dec 7, 14, Jan 4, 11, 18, 25, Feb 1, 8

*No Class on Dec 21 or 28 – studio is closed for Christmas Break

Session #3: Feb 15, 22, Mar 1, 8, 15, 22, 29, April 12, 19

Tuition: \$90/9 weeks session

ADULT TAP(9 weeks sessions)-

Whether you are interested in dusting off your old tap shoes, or wanting to try something new for the first time – this is the class for you! This class will review basic tap technique and steps and work on musicality through dynamic center floor and locomotor combinations.

Wednesdays 8:00 p.m. – 8:45 p.m. Instructor: Jennifer Loterzo

Session #1: Sept 14, 21, 28, Oct 5, 12, 19, 26, Nov 2, 9

*NO Class on Nov 16 or 23

Session #2: Nov 30, Dec 7, 14, Jan 4, 11, 18, 25, Feb 1, 8

*No Class on Dec 21 or 28 – studio is closed for Christmas Break

Session #3: Feb 15, 22, Mar 1, 8, 15, 22, 29, April 12, 19

Tuition: \$90/9 weeks session

<u>COMING SOON..."Movin' With My Mini" Class</u> – for movers 12 months to 30 months plus their caregiver

Premiere is leveling up! We will soon be offering a new program for tykes (children ages 12 months-30 months) AND their caregiver that we call "Movin' With My Mini"! Premiere is committed to proving our tiniest movers with a fun and engaging environment that will enhance their social awareness, build fine and gross motor skills, foster language development, and provide an experience that will engage all of their senses (visual, Auditory, physical, tactile, vestibular, proprioception)

Instructor: Jennifer Loterzo

Look for more information to follow soon!