



## 2024 – 2025 Full Season Classes

**Students who participate in full season classes will participate in the annual recital that is scheduled to be held at the Perkinson Center for the Arts on May 31st (2 shows that day) – and the dress rehearsal is May 30th!**

### **KINDERDANCE** – for children, ages 2 ½ to 4 years

An introductory dance program for children, which incorporates **ballet, creative movement,** and basic **tap** concepts. The purpose of this class is to introduce the child to the joy of movement, while developing the child's mind, increasing body awareness, and sharpening motor skills. *This class meets for 45 minutes/once a week*

**Available Class Times:** (you would select only one class time – we do limit the size of our classes, so register early if you have a class preference)

Mondays	12:15p.m. - 1:00p.m.	Instructor: Jennifer Loterzo
Thursdays	5:30p.m. – 6:15 p.m.	Instructor: Sara Herlong

### **TINY TUMBLERS** – For children, ages 4-6 years

Acro dance is a style of dance that combines classical **dance** technique with precision **acrobatic** elements. Your child will be learning tumbling skills that will enhance their dance technique. Premiere Dance Academy is an Acrobatic Arts Certified Studio – this means that Premiere follows the Acrobatic Arts syllabus which focuses on the 5 core areas of flexibility, strength, balancing, limbering, and tumbling – and the skills are all safely taught in the correct progressions! The teacher is also trained in safety, spotting techniques, and teaching techniques – so that your child has fun while progressing safely with solid technique! *This class meets for 45 minutes/once a week*

**Available Class Times:** (you would select only one class time – we do limit the size of our classes, so register early if you have a class preference)

Mondays	1:15 p.m. - 2:00 p.m.	Instructor: Jennifer Loterzo
Mondays	5:00 p.m. -5:54 p.m.	Instructor: Danielle Montney
Saturdays	10:15a.m. -11:00 a.m.	Instructor: Kayla Weal

### **DANCE 1** – for children, ages 5 to 6 years

This is an introductory combination class of **ballet** and **tap**. This class incorporates the introduction of dance vocabulary and movement, creative movement activities, and a lot of fun! *This class meets for 1 hour/once a week*

**Available Class Times:** (you would select only one class time – we do limit the size of our classes, so register early if you have a class preference)

Thursdays	6:15 p.m. – 7:15 p.m.	Instructor: Sara Herlong
Saturdays	9:00 a.m – 10:00 a.m.	Instructor: Kayla Weal

**BEGINNING ACRO** - ages 7 and up - please note that students will be placed in classes based on skill ability, not age

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Saturdays      10:00 a.m. -11:00 a.m.      Instructor: Sara Herlong

**DANCE 2** – for children, ages 7 to 9 years

Students continue their study of **ballet** and **tap** techniques at a secondary level while beginning a study of **jazz** technique and concepts. In this class, beginning barre exercises, elementary center floor combination, and across-the-floor locomotor segments are introduced.

Thursdays      5:00 p.m. - 6:30 p.m.      Instructor: Jennifer Loterzo

**HOMESCHOOL CLASS: LYRICAL AND ACRO** – for children, ages 7 to 10 years

This combination class will explore two styles of dance, Lyrical and Acro. Lyrical dance is a style of dance that blends elements of ballet and jazz dance. This style of dance is performed to music with lyrics so that it inspires expression of emotion. This class will focus on teaching a solid technical foundation, grace, and fluidity.

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Wednesdays      4:00 p.m. - 5:00 p.m.      Instructor: Jennifer Loterzo

**BEGINNING - INTERMEDIATE ACRO** - ages 7 and up - please note that students will be placed in classes based on skill ability, not age

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Wednesdays      5:00 p.m. -6:00 p.m.      Instructor: Jennifer Loterzo

**BEGINNING- INTERMEDIATE LYRICAL** – for children, ages 7 and up

Lyrical dance is a style of dance that blends elements of ballet and jazz dance. This style of dance is performed to music with lyrics so that it inspires expression of emotion. This class will focus on teaching a solid technical foundation, grace, and fluidity.

Mondays      5:45 p.m. - 6:30 p.m.      Instructor: Danielle Montney

**BEGINNING- INTERMEDIATE HIP HOP** – for children, ages 7 and up

Dancers will have fun with this high energy class learning about musicality, isolations, and groove. Premiere is always careful to use kid-friendly music and age appropriate dance moves!

Mondays 6:30 p.m. - 7:15 p.m. Instructor: Danielle Montney

**INTERMEDIATE LEVEL CLASSES** - for children, ages 8 to 10 years

This is an up-tempo program, in which students will study proper body alignment and focus on building a balance of strength and flexibility. A strong focus on proper technique will be built through learning barre exercises, center floor combinations, and across-the-floor locomotor segments. These classes are faster paced and the students need to reflect a thorough understanding of beginning techniques.

<b>Jazz</b>	Fridays	5:30 p.m. – 6:15 p.m.	Instructor: Jennifer Loterzo
<b>Tap</b>	Fridays	6:15 p.m. – 7:00 p.m.	Instructor: Jennifer Loterzo
<b>Ballet</b>	Fridays	7:00 p.m. – 8:00 p.m.	Instructor: Jennifer Loterzo

**INTERMEDIATE ACRO** – placement by permission of instructor – please note that students will be placed in Acro classes based on skill ability, not age

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Saturdays 12:30 p.m. - 2:00 p.m. Instructor: Jennifer Loterzo

**HIGH INTERMEDIATE BALLET -** placement by permission of instructor

A pre-pointe/pointe class that offers a disciplined and traditional study of classical ballet through barre, center, and across-the-floor work. This class teaches correct body alignment and anatomy (as pertains to dance), solid technique, and ballet history. *This class meets twice a week*

Tuesdays	5:00 p.m. – 6:30 p.m.	Instructor: Jennifer Loterzo
<b>AND</b>		
Wednesdays	5:00 p.m. - 6:30 p. m.	Instructor: Sara Herlong

**HGH INTERMEDIATE JAZZ -** placement by permission of instructor

A disciplined and energetic continuation of classical jazz, hip-hop, and funk for the serious dancer who is willing to work hard. This class incorporates combinations that emphasize style and contain advanced technique. A variety of different styles of jazz will be explored.

Wednesdays 6:30 p.m. – 7:30 p.m. Instructor: Sara Herlong

**HIGH INT AND ADVANCED TAP -** placement by permission of instructor

This class is for the student that demonstrates a thorough understanding of the tap concepts. Advanced tap incorporates combinations that utilize rhythmic variations and contains advanced technique. A variety of different styles of tap will be explored

Tuesdays 6:30 p.m. – 7:30 p.m. Instructor: Jennifer Loterzo

**HIGH INT AND ADVANCED LYRICAL** –placement by permission of instructor – you must be enrolled in a ballet class to be considered for placement in this class

Lyrical dance is a style of dance that blends elements of ballet and jazz dance. This style of dance is performed to music with lyrics so that it inspires expression of emotion.

Mondays 5:00 p.m. – 6:15 p.m. Instructor: Jennifer Loterzo

**ADVANCED BALLET** – placement by permission of instructor

An intense and disciplined ballet class, which combines advanced barre, center, and across-the-floor training on pointe. Leads students to pre-professional work. Strict attention is focused on alignment, technique, and style.

*This class meets twice a week*

Mondays 6:15 p.m. – 7:45 p.m. Instructor: Jennifer Loterzo

**AND**

Tuesdays 7:30 p.m. – 9:00 p.m. Instructor: Jennifer Loterzo

**ADVANCED JAZZ**– placement by permission of instructor

A very intense and fast paced program for the serious dancer who is willing to work hard. This class incorporates combinations that emphasize style and contain advanced technique. A variety of different styles of jazz will be explored.

Mondays 7:45 p.m. – 8:45 p.m. Instructor: Jennifer Loterzo

**ADVANCED ACRO** – placement by permission of instructor – please note that students will be placed in Acro classes based on skill ability, not age

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Wednesdays 7:30 p.m. - 8:45 p.m. **AND**

Saturday 11:00 a.m. – 12:30 p.m. Instructor: Jennifer Loterzo (for both days)

**COMPETITION DANCE COMPANY** - placement by invitation of director

This travel competition group is for students that are ages 8 to 17. While being a part of this group is an excellent experience for young dancers (and a lot of fun), being a part of this group is a big commitment of time and finances. - This commitment is not to be taken lightly. See Jennifer Loterzo for more information. Please note, this group begins rehearsing in August.

Thursdays 6:30-9:00pm AND Saturdays 2:15 p.m. - 6:00 p.m.

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## Premiere's 2024 – 2025 9 Weeks Session Classes

There will be an option to perform in Annual Recital in May, for those who take the 3<sup>rd</sup> session!  
\*\*\*However, the price of costume is not included in tuition\*\*\*

### **ADULT TAP(9 weeks sessions)-**

Whether you are interested in dusting off your old tap shoes, or wanting to try something new for the first time – this is the class for you! This class will review basic tap technique and steps and work on musicality through dynamic center floor and locomotor combinations. Let's show those kids that they are not the only ones who can dance!! 😊

Wednesdays 6:45 p.m. – 7:30 p.m. Instructor: Jennifer Loterzo

Session #1: Sept 11, 18, 25, Oct 2, 9, 16, 23, 30, and Nov 6

\*NO Class on Nov 13, 20, or 27

Session #2: Dec 4, 11, 18, Jan 8, 15, 22, 29, Feb 5, 12

\*No Class on Dec 25 or Jan 1 – studio is closed for Christmas Break

Session #3: Feb 19, 26, Mar 5, 12, 19, 26, April 2, 9, 16

Tuition: \$90/9 weeks session

### **ADULT JAZZ (9 weeks sessions):**

Ms. J thought we would explore a different style of dance with our adults this session! For now, we will only plan to offer jazz this first adult session. If everyone likes it, we can continue on with it for sessions 2 and 3. If the adults collectively want to switch to a different style for sessions 2 and 3 – then we can figure that out as we go. \*Adults don't have to wear leotards and tights to class – just wear something you can easily move around in and wear your jazz shoes! Can't wait to see you in class!

Wednesdays 6:00pm – 6:45pm

Session #1: Sept 11, 18, 25, Oct 2, 9, 16, 23, 30, and Nov 6

\*NO Class on Nov 13, 20, or 27

Session #2: Dec 4, 11, 18, Jan 8, 15, 22, 29, Feb 5, 12

\*No Class on Dec 25 or Jan 1 – studio is closed for Christmas Break

Session #3: Feb 19, 26, Mar 5, 12, 19, 26, April 2, 9, 16

Tuition: \$90/9 weeks session