



Summer of 2025 – Dance Class and **Camp** Schedule

KINDERDANCE: BALLET & TAP (ages 2.5 -4)

An introductory dance program for children, which incorporates ballet, creative movement, and basic tap concepts. The purpose of this class is to introduce the child to the joy of movement, while developing the child's mind, increasing body awareness, and sharpening motor skills – all while setting a strong foundation for their dance education.

- Wednesdays 5:30pm – 6:15pm
Class Dates: July 9, 16, 23, 30, and Aug 6
Tuition: \$75
Instructor: Sara Herlong

UNDER THE BIG TOP CAMP: BALLET, TAP, & CREATIVE MOVEMENT (ages 2.5-4)

Boys and Girls...the circus is coming to Premiere! Step right up and join the tiniest circus in town! In this high energy, circus-themed dance camp, your little performer will flip, fly, and clown around as they build strength, coordination, and confidence! From tightrope style balance games to dancing with scarves in a circus parade, it's a magical mix of movement, music, crafts, story books, and make-believe! Come one, come all to be a part of the Greatest Show on Earth!

The last day (June 20 – the last 10 minutes of camp) we will perform a dance for our grownups.

- Camp Dates: June 16-20 (Mon-Fri)
Camp Time: 10:30am-11:15am
Tuition: \$80
Instructor: Jennifer Loterzo

TAP & TUMBLE (ages 3 -5)

Get ready for an exciting class full of rhythm, rolls, and laughter! This is an introductory tap and acro dance class that is the perfect blend of toe-tapping beats and fun tumbling tricks! Hurry, spots will fill faster than a cartwheel in motion!

- Mondays 10:00am – 10:45am
Class Dates: July 7, 14, 21, 28, and Aug 4
Tuition: \$75
Instructor: Jennifer Loterzo

TINY TUMBLERS: UNDER THE BIG TOP (ages 4-6)

Boys and Girls...the circus is coming to Premiere! Step right up and tumble under the big top! In this high energy, circus-themed acro dance class, your little performer will flip, fly, and clown around as they build strength, coordination, and confidence! From tightrope style balance games to silly clown cartwheels, it's a magical mix of movement, music, and make-believe! Come one, come all to be a part of the Greatest Show on Earth!

Acro dance is a style of dance that combines classical dance technique with precision acrobatic elements. Premiere Dance Academy is an Acrobatic Arts Certified Studio! This means that the teacher is certified in safety, spotting techniques, and teaching techniques. Premiere also follows the Acrobatic Arts' syllabus which focuses on flexibility, balancing, and developing strength to safely progress in learning new skills.

- Wednesdays 3:30pm-4:15pm
Class Dates: July 9, 16, 23, 30, and Aug 6
Tuition: \$75
Instructor: Jennifer Loterzo

ALOHA ADVENTURE AT MOANA'S DANCE CAMP: LYRICAL/ JAZZ/ ACRO (ages 5-9)

Grab your paddle, put on your dancing shoes, and get ready for an island adventure like no other! Join us for an Aloha Adventure at Moana's Dance Camp- where the ocean breeze meets the beat of your feet. This camp offers your dancer the chance to twirl, leap, and dive into the enchanting world of Moana- no boat required! 😊 Just be ready to set sail on an adventure full of dancing, exploring different types of movement through Moana games, crafting, and having a lot of FUN! Space is limited and the tide waits for no one – so reserve your spot before it is gone!

Dancers should bring their own water and snack to camp each day. The last day (July 11 – the last 10 minutes of camp) we will perform a dance for our grownups.

- Camp Dates: July 7-11 (Mon-Fri)
Camp Time: 9:00am-12:00noon
Tuition: \$200
Instructor: Jennifer Loterzo

BALLET & TAP (ages 5-8)

- Tuesdays 5:00pm-6:00pm
Class Dates: July 8, 15, 22, 29, and Aug 5
Tuition: \$100
Instructor: Sara Herlong

LYRICAL (ages 8-12)

- Tuesdays 6:00pm – 6:45pm
Class Dates: July 8, 15, 22, 29, and Aug 5
Tuition: \$75
Instructor: Sara Herlong

JAZZ (ages 8-12)

- Tuesdays 6:45pm – 7:30pm
Class Dates: July 8, 15, 22, 29, and Aug 5
Tuition: \$75
Instructor: Sara Herlong

BALLET (ages 8-12)

- Wednesdays 4:30pm – 5:15pm
Class Dates: July 9, 16, 23, 30, and Aug 6
Tuition: \$75
Instructor: Jennifer Loterzo

TAP (ages 8-12)

- Wednesdays 5:15pm – 6:00pm
Class Dates: July 9, 16, 23, 30, and Aug 6
Tuition: \$75
Instructor: Jennifer Loterzo

ACRO- for Beginning to Intermediate levels (ages 7-11)

Acro dance is a style of dance that combines classical dance technique with precision acrobatic elements. Ms. Jennifer has the most Acrobatic Arts Certifications in all of VA! This means that she is certified in safety, spotting techniques, and teaching techniques. Premiere strictly follows the Acrobatic Arts' syllabus which focuses on flexibility, balancing, and developing strength to safely progress in learning new skills.

- Mondays 4:45pm – 5:45pm
Class Dates: July 7, 14, 21, 28, and Aug 4
Tuition: \$100
Instructor: Jennifer Loterzo

ACRO- for Intermediate to Advanced Students - placement by permission of director

Acro dance is a style of dance that combines classical dance technique with precision acrobatic elements. Ms. Jennifer has the most Acrobatic Arts Certifications in all of VA! This means that she is certified in safety, spotting techniques, and teaching techniques. Premiere strictly follows the Acrobatic Arts' syllabus which focuses on flexibility, balancing, and developing strength to safely progress in learning new skills.

- Mondays 3:15pm – 4:45pm
Class Dates: July 7, 14, 21, 28, and Aug 4
Tuition: \$125
Instructor: Jennifer Loterzo

BALLET/POINTE- for High Intermediate to Advanced Students – placement by permission of director

Use of pointe shoes is only by permission of instructor

- Mondays 6:00pm – 7:30pm
Class Dates: July 7, 14, 21, 28, and Aug 4
Tuition: \$125
Instructor: Jennifer Loterzo

TAP – for High Intermediate to Advanced Students – placement by permission of director

- Mondays 7:30pm – 8:30pm
Class Dates: July 7, 14, 21, 28, and Aug 4
Tuition: \$100
Instructor: Jennifer Loterzo

STRECH AND STRENGTHEN (for High Int. to Advanced Students) – placement by permission of director

- Tuesdays 7:30pm – 8:30pm
Class Dates: July 8, 15, 22, 29, and Aug 5
Tuition: \$100
Instructor: Sara Herlong

JAZZ: LEAP/TURNS/TRICKS (for High Int. to Advanced Students) – placement by permission of director

- Wednesdays 7:00pm – 8:00pm
Class Dates: July 9, 16, 23, 30, and Aug 6
Tuition: \$100
Instructor: Jennifer Loterzo

ACRO: WITH A FOCUS ON FRONT AND SIDE AERIAL SKILLS AND DRILLS AND CARYWHEEL MOUNTERS (for Int. to Advanced Students) - placement ONLY by permission of director!

For those students who can already perform front and side aerials, this class is highly recommended, as we will concentrate on drills and progressions that will strengthen your technique, increase difficulty, and connect multiple skills together. We will also be exploring additional cartwheel-based skills, such as cartwheel mounters, for those students who are ready.

For those students who would like to learn an aerial, this Acro class will have a focus on drills and progressions that lead towards the beginning stages of an aerial. *Please note, taking this class will not guarantee that your dancer will be performing aerials at the end of the 5 weeks. Aerials can take years to build up to, and students will only be permitted to progress through the skills leading up to an aerial as the teacher sees that they are ready.

- Wednesdays 8:00pm – 9:30pm
Class Dates: July 9, 16, 23, 30, and Aug 6
Tuition: \$125
Instructor: Jennifer Loterzo

ADULT TAP:

We had so much fun in our adult tap class this past year that we are continuing on through the summer! You don't need a lot of previous tap knowledge – you just have to be willing to try something new and have FUN!! (Ms. J. will teach you all of the skills you need!) *Adults don't have to wear leotards and tights to class – just wear something you can easily move around in....and bring your tap shoes, of course

- Wednesdays 6:00pm – 7:00pm
Class Dates: July 9, 16, 23, 30, and Aug 6
Tuition: \$90
Instructor: Jennifer Loterzo